



CAMPBELL UNIVERSITY

JERRY M. WALLACE
SCHOOL OF OSTEOPATHIC MEDICINE



Nicholas Pennings, DO

Campbell University Health Center

Presents

Sleep It Off

Relationship Between Healthy Sleep and Weight Loss

Nicholas Pennings, DO

CUSOM Assistant Professor Family Medicine

Board Certified in Family Medicine and Obesity Medicine

Monday, October 19th at 5:30 pm

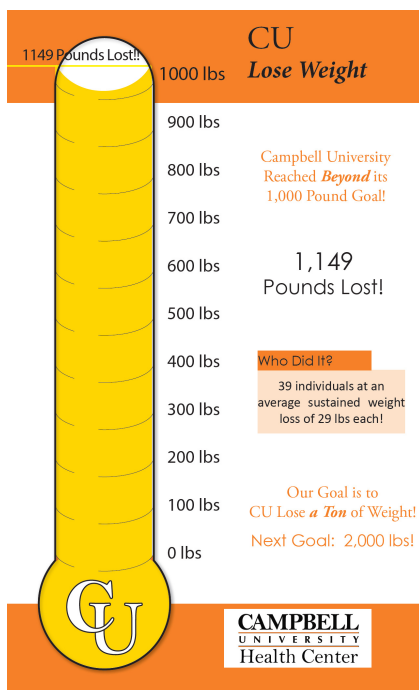
Open to the Public



Discover what is driving the obesity crisis in the US and the World

Identify lifestyle changes that improve your health

Learn about the Campbell University weight loss program



Location:

Campbell University

Maddox Hall

Room 130

Any questions?

Contact CU Health Center

910-893-1560

Planning to attend? Send me an email

pennings@campbell.edu